



09/17/18

To whom it may concern,

Cascadia Cares has been a growing resource for consumers of Cascade, a Behavioral Health Agency. Each week clients of Cascade who may be experiencing a multitude of hardships are able to freely gather food at Cascade's Reynolds location in Centralia, WA. Cascadia Cares donates hundreds of pounds of food each week to those in need. These donations have become a reliable resource over the last year. This food can then be accessed by Cascade clients and/ or other community members without additional hardship. Any client or community member may freely access food.

Cascade, a Behavioral Health Agency is proud to run our first "Free Store", where clients can access essential needs in a low barrier environment. Any food donated by Cascadia Cares that is not accessed on the initial food distribution day by those in immediate need, is then re-distributed at the Free Store. The use of the free store ensures that clients have more than one opportunity to access food, and also that no food is wasted.

Cascadia Cares has been an integral part of assisting Cascade clients in accessing food resources. Cascade, a Behavioral Health Agency, supports and encourages the continued contributions of Cascadia Cares. Cascade has seen first-hand what a considerable difference these donations have made in the lives of the individuals in this community. Cascade fully backs Cascadia Cares in their donations of food, we hope that this will not only continue but may grow so that more individuals can access these essential resources.

Sincerely,

Julie Marquez, MS, LMHCA

Clinical Manager

Cascade, a Behavioral Health Agency



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